



WELCOME TO DOG IN THE KITCHEN™

Below is your welcome packet of printable inserts for your recipe card binder to help you retrieve kitchen conversions, weights and measurements quickly.

Print and cut to the 5.5" x 7.5" edges and place back to back in one of the protective album pages available on my website for easy access. Placing these taller pages behind all of your recipe card pages gives the cards a nice backdrop

More handy and helpful freebee uploads will be coming soon to add to your DOG IN THE KITCHEN recipe organizer system!!

SOOTS HELPING PAW TIPS

KITCHEN CONVERSIONS

VOLUME



KITCHEN CONVERSIONS

WEIGHT



- 1 ounce 30 grams (28.35 g)
- 2 ounces 55 grams
- 3 ounces 85 grams
- 4 ounces 1/4 pound 125 grams
- 8 ounces 1/2 pound 240 grams
- 12 ounces 3/4 pound 375 grams
- 16 ounces 1 pound 454 grams
- 32 ounces 2 pounds 907 grams
- 1/4 pound 4 ounces 125 grams
- 1/2 pound 8 ounces 240 grams
- 3/4 pound 12 ounces 375 grams
- 1 pound 16 ounces 454 grams
- 2 pounds 32 ounces 907 grams
- 1 kilogram 2.2 pounds/ 35.2 ounces
or 1000 grams